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T E I G N M O U T H U R B A N D I S T R I C T C O U N C I L

and

P O R T H E A L T H A U T H O R I T Y

A N N U A L R E P O R T
of the
M E D I C A L O F F I C E R O F H E A L T H
for the Year
1 9 6 6

H. M. DAVIES,
M.A., M.R.C.S., L.R.C.P., D.P.H.,
ASSISTANT COUNTY MEDICAL OFFICER :
DEVON COUNTY COUNCIL.
MEDICAL OFFICER OF HEALTH :
ASHBURTON U.D.C.
DAWLISH U.D.C.
NEWTON ABBOT R.D.C.
NEWTON ABBOT U.D.C.
TEIGNMOUTH U.D.C. AND
PORT HEALTH AUTHORITY

TELEPHONE No. NEWTON ABBOT 3991

6/8 SHERBORNE ROAD,

NEWTON ABBOT.

TEIGNMOUTH URBAN DISTRICT COUNCIL

ANNUAL REPORT - 1966

To: The Chairman
and Members of the Teignmouth Urban District Council

Ladies and Gentlemen,

I present my Report for the year ended 31st December, 1966.

The vital statistics regarding the births and deaths, which occurred during the year, once again conform fairly well with the figures which are applicable both to the County of Devon and to the total population of England and Wales. The figures which, of course, have to be considered are the corrected live birth rates and the corrected death rates. The difference between the crude rate and the corrected rate is dependent on a formula produced by the Registrar General. This takes into account the differences in the age groups, which occur from area to area. In this area it is very obvious that we have a higher population of elderly people than one would find in the industrial areas of the country and adjustment is made accordingly.

Regarding Infectious Diseases, conditions continue to be highly satisfactory and only twenty-six cases were notified during the year, as opposed to the one hundred and forty-two which occurred in 1965. This fall is due almost entirely to the fact that 1966 was a year of low incidence of Measles, whereas 1965 was an epidemic year. It is of interest to note that Measles normally appears in epidemic form in alternate years.

I would point out that no cases of Smallpox, Diphtheria, Tetanus, Typhoid, Para-Typhoid, Poliomyelitis or Whooping Cough occurred in 1966 and that only three new cases of Tuberculosis were notified during the year.

These figures are, of course, characteristic of what one finds throughout the country, but they are achieved only by paying full attention to the various preventative measures, which have to be taken. These measures require to be continually pointed out if these happy conditions are to continue as they are, or to be improved still further.

Ten cases of suspected food poisoning were reported during the year. These cases were, of course, fully investigated, but in no case was any causative organism found. There is little doubt, therefore, that these outbreaks were viral in origin and in the present state of our knowledge there is little that can be done to stop the spread of the infection within a closed community. Fortunately the outbreaks are usually very mild and the duration of the indisposition is seldom more than twenty-four to thirty-six hours.

With reference to the ages at which death has occurred in the one hundred and ninety-seven deaths reported during the year, one hundred and eight were in respect of persons age seventy-five and over.



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I have, from time to time, reported on the difficulties which arise in dealing with old people. These matters have been brought to my attention much more forcibly since my part-time appointment in April, 1966, as Clinical Assistant to the Geriatric Department of the Newton Abbot Hospital. I have recently written a letter to the British Medical Journal, of which the following is an extract:-

'There is, I think, an urgent need for the medical and other requirements of the aged to be rationalized. At the present time the services provided by the Local Authorities are usually subdivided into two parts—one ruled by the Medical Officer of Health dealing with the domiciliary services, health visiting, home nursing, chiropody, etc., the other by the Chief Welfare Officer and his separate staffs running the Local Authority Welfare Homes.

From the point of view of the family Doctor, and in an emergency the Medical Officer of Health, difficulties arise in assessing whether an old person requires a bed in an Old People's Home, a Geriatric Hospital, or a Mental Hospital. The beds in each are controlled by different people and more often than not the liaison between these people is less than it might be. Not only are patients sometimes sent to unsuitable accommodation in the first place, but transfers from one type of bed to another are far from the simple administrative manoeuvres that one would expect them to be.

Somehow, and as a matter of urgency, the facilities available for the old people must be integrated, or at least co-ordinated, if the best uses of the available resources are to be made. The suggestion that a Senior Doctor, from either the Hospital or the Local Authority Service, should be responsible for this co-ordination is long overdue'.

This letter was published on the 5th August, 1967.

I should like to thank, once again, the Chairman, Councillors and all members of the staff for the help and co-operation received.



Medical Officer of Health

October, 1967

STATISTICS AND SOCIAL CONDITIONS OF THE AREA

Area (in acres).....	2,068
Population mid 1966.....	11,830
Population 1961 Census.....	11,528
Rateable Value as at the 1st April, 1966.....	£452,681
Rateable Value as at the 1st April, 1967.....	£469,357
Product of 1d rate - 1966/1967.....	£1,865

VITAL STATISTICS

Live Births

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Legitimate	60	62	122
Illegitimate	8	9	17
	<u>68</u>	<u>71</u>	<u>139</u>
			<u>===</u>
Crude Live Birth rate per 1000 total population			11.74
Corrected Live Birth rate per 1000 total population			16.55
Crude Live Birth rate per 1000 total population - Administrative County of Devon			14.56
Corrected Live Birth rate per 1000 total population - Administrative County of Devon			17.62
Live Birth rate per 1000 total population - England and Wales			17.7
Illegitimate Live Births (per cent of total live births)			12.23

Stillbirths

No stillbirths occurred in Teignmouth during 1966.	
Stillbirth rate per 1000 total live and stillbirths - Administrative County of Devon	12.08
Corresponding rate for England and Wales	15.4

Deaths

The average age at death from all causes was found to be 75.29 years. The average age of all male deaths was 71.22 years and for female deaths 78.84 years.

	<u>Male</u>	<u>Female</u>	<u>Total</u>
	94	103	197
Crude Death rate per 1000 total population			16.65
Corrected Death rate per 1000 total population			9.65
Crude Death rate per 1000 total population - Administrative County of Devon			15.10
Corrected Death rate per 1000 total population - Administrative County of Devon			9.06
Death rate per 1000 total population - England and Wales			11.7

Infant Mortality

(Deaths of Infants under one year)

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Legitimate	2	-	2
Illegitimate	-	-	-

Infant Mortality rate per 1000 related live births	14.38
Infant Mortality rate - Administrative County of Devon	17.73
Corresponding rate for England and Wales	19.0
Legitimate Infant deaths per 1000 legitimate live births	16.39

Neonatal Mortality

(Deaths of Infants under four weeks)

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Legitimate	1	-	1
Illegitimate	-	-	-

Neonatal Mortality rate per 1000 related live births	7.19
Neonatal Mortality rate - Administrative County of Devon	11.49
Corresponding rate for England and Wales	12.9

Perinatal Mortality

(Deaths of Infants under one week)

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Legitimate	1	-	1
Illegitimate	-	-	-

Perinatal Mortality rate (Stillbirths and Deaths of Infants under one week) per 1000 live and stillbirths - Administrative County of Devon	21.02
Corresponding rate for England and Wales	26.3

Maternal Mortality

One maternal death occurred in Teignmouth during 1966.

Three maternal deaths occurred within the Administrative County of Devon.

AGE AT DEATH

	<u>Male</u>	<u>Female</u>
Infants under four weeks	1	-
Four weeks and under one year	1	-
1 - 4	1	-
5 - 14	-	-
15 - 24	-	1
25 - 34	-	-
35 - 44	-	3
45 - 54	7	2
55 - 64	14	5
65 - 74	35	19
75 and over	35	73
	<u>94</u>	<u>103</u>

Total: 197

CAUSES OF DEATH

	<u>Male</u>	<u>Female</u>
Tuberculosis, Respiratory	-	1
Whooping Cough	1	-
Other Infective and Parasitic Diseases	-	1
Malignant Neoplasm, Stomach	2	2
Malignant Neoplasm, Lung, Bronchus	7	2
Malignant Neoplasm, Breast	-	1
Malignant Neoplasm, Uterus	-	2
Other Malignant and Lymphatic Neoplasms	10	11
Leukaemia, Aleukaemia	-	1
Diabetes	1	1
Vascular Lesions of Nervous System	11	19
Coronary Disease, Angina	28	20
Hypertension with Heart Disease	2	3
Other Heart Disease	8	18
Other Circulatory Disease	2	2
Influenza	1	-
Pneumonia	4	4
Bronchitis	4	1
Other Diseases of Respiratory System	2	-
Ulcer of Stomach and Duodenum	2	-
Hyperplasia of Prostate	3	-
Pregnancy, Childbirth, Abortion	-	1
Other Defined and Ill-Defined Diseases	4	9
All Other Accidents	2	2
Suicide	-	2
	<u>94</u>	<u>103</u>

Total: 197

INFECTIOUS DISEASES

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Measles	6	9	15
Dysentery	1	-	1
Suspected Food Poisoning	4	6	10
	<u>11</u>	<u>15</u>	<u>26</u>
			<u>==</u>

TUBERCULOSIS

One case of pulmonary and two cases of non-pulmonary tuberculosis were notified during 1966.

Details are set out in the following table:-

<u>Age Periods</u>	<u>Pulmonary</u>		<u>Non-Pulmonary</u>	
	<u>Male</u>	<u>Female</u>	<u>Male</u>	<u>Female</u>
5 - 14	-	-	-	-
15 - 24	-	-	1	-
25 - 44	-	-	-	1
45 - 65	1	-	-	-
	<u>1</u>	<u>-</u>	<u>1</u>	<u>1</u>

Total: 3

NATIONAL ASSISTANCE ACTS, 1948 and 1951

Official action under Section 47 of the National Assistance Acts, 1948 and 1951, was necessary in one case during 1966.

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ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH OF PORT HEALTH AUTHORITY FOR THE YEAR 1966

SECTION 1 - STAFF

TABLE A

Name of Officer	Nature of Appointment	Date of Appointment	Qualifications	Any other Appointments
Dr. H.M.Davies	Port Medical Officer	10th July, 1953	M.A., M.R.C.S., L.R.C.P., D.P.H.	Medical Officer of Health: Ashburton U.D.C. Dawlish U.D.C. Newton Abbot R.D.C. Newton Abbot U.D.C. Teignmouth U.D.C. Assistant County Medical Officer: Devon County Council.
P. Langston	Port Health Inspector	1st April, 1959	C.R.S.I., (Meat and Other Foods Certificate)	Public Health Inspector and Housing Officer: Teignmouth U.D.C.
J. Bench	Assistant Port Health Inspector	14th June, 1965	Dip. P.H.I.E.B.	Assistant Public Health Inspector: Teignmouth U.D.C.

SECTION 11

AMOUNT OF SHIPPING ENTERING THE DISTRICT DURING THE YEAR

TABLE B

Ships from	Number	Tonnage	Number Inspected		Number of Ships reported as having had, during the voyage, Infectious Diseases on Board
			By the Medical Officer of Health	By the Public Health Inspector	
Foreign Ports	275	63,466	4	30	Nil
Coastwise	384	90,875	6	63	Nil
Total:	659	162,341	10	93	Nil

SECTION 111

TABLE C

CHARACTER OF SHIPPING AND TRADE DURING THE YEAR

Passenger Traffic

Number of passengers INWARDS ...

Number of passengers OUTWARDS ...

This is not a port approved under the Aliens Order, 1920

Cargo Traffic

Principal IMPORTS: Coal, Timber, Cement, Bricks, Tiles,
Hardboard, Potatoes and Cider.

Principal EXPORTS: Clay and Scrap Metal.

PORTS from which Ships arrive

Amsterdam, Antwerp, Bayonne, Bilbao, Bremen, Brest, Caen,
Calais, Capella, Cherbourg, Concarneau, Dieppe, Dordrecht,
Duvarnenez, Dunkirk, Fecamp, Gijon, Granville, Ghent, Gruvon,
Guernsey, Hamburg, Hamina, Honfleur, Kasko, Kemi, Kiel, Kotka, Le
Guildo, Le Havre, La Pallice, Morlaix, Nantes, Pafajef, Pelluden,
Pontrieux, Quimper, Randers, Roscoff, Rotterdam, Rouen, Rumpst,
Santander, St. Brieuc, St. Helier, St. Malo, St. Nazaire, St. Peter
Port, Scheveningen, Treguir, Treport, Uddeualla, Zaandam.

COASTWISE

Amble, Appledore, Ardrossan, Avonmouth, Barnstaple, Barrow,
Barrydock, Belfast, Bideford, Birkenhead, Blyth, Bridgwater,
Bridport, Bristol, Cardiff, Charlestown, Coleraine, Cork, Cowes,
Dartmouth, Dover, Dublin, Dundalk, Dungarven, Exmouth, Falmouth,
Felixstowe, Flushing, Fowey, Galway, Garston, Glasgow, Goole,
Grangemouth, Greenock, Great Yarmouth, Ipswich, Hayle, Hull,
Kilkeel, Kilrush, Kinsale, Lancaster, Limerick, Littlehampton,
Liverpool, London, Londonderry, Manchester, Middlesbrough, Milford
Haven, Mostyn, Newhaven, Newport, New Ross, Par, Penzance,
Plymouth, Poole, Portsmouth, Preston, Runcorn, Sharpness, Shoreham,
Silloth, Southampton, Swansea, Totnes, Truro, Waterford, Weymouth.

SECTION 1V

INLAND BARGE TRAFFIC

Numbers and tonnage using the district and places served
by the traffic - Nil.

SECTION V

WATER SUPPLY

No change.

SECTION VI.

PUBLIC HEALTH (SHIPS) REGULATIONS, 1952

No change.

SECTION V111

SMALLPOX

1. The Isolation Hospital to which Smallpox cases will be sent from the district, is the Smallpox Hospital, Liskeard, Cornwall. (Tel. No. 2385)
2. Transport arrangements will be made by the Plymouth Ambulance Service. (Tel. No. 64101)
3. The following Consultant is available as and when necessary:

Dr. W.H. St. John-Brooks,
West Cornwall Hospital,
Penzance, Cornwall.

Tel. No. Penzance 2382

4. Specimens for laboratory diagnosis will be sent to the:

Virus Reference Laboratory,
Central Public Health Laboratory,
Colindale Avenue,
London, N.W.9.

SECTION V111

VENEREAL DISEASES

No change.

SECTION 1X

CASES OF NOTIFIABLE AND OTHER INFECTIOUS DISEASES ON SHIPS

No cases of notifiable and other infectious diseases were reported during the year.

SECTION X

OBSERVATIONS ON THE OCCURRENCE OF MALARIA IN SHIPS

No cases of Malaria were notified during the year.

SECTION X1

MEASURES TAKEN AGAINST SHIPS INFECTED WITH OR SUSPECTED FOR PLAGUE

No action was necessary under this section.

SECTION X11

MEASURES AGAINST RODENTS IN SHIPS FROM FOREIGN PORTS

1. Procedures for Inspection of Ships for Rats

Enquiries are made from Masters of vessels using the Port, by the Public Health Inspector, regarding the presence of rats.

2. Arrangements for the bacteriological or pathological examination of rodents, with special reference to rodent plague, including the number of rodents sent for examination during the year.

Facilities are available for the bacteriological examination of rodents at the Public Health Laboratory at Exeter. No rodents were sent for examination during the year.

3. Arrangements in the district for deratting ships, the methods used, and, if done by a commercial contractor, the name of the contractor.

A ship requiring deratting can now be dealt with at Teignmouth.

4. Progress in the rat-proofing of ships.

No action was taken in this matter at Teignmouth during 1966.

RODENTS DESTROYED DURING THE YEAR
IN SHIPS FROM FOREIGN PORTS

No rats were destroyed at Teignmouth, during 1966, in ships from foreign ports.

DERATTING CERTIFICATES AND DERATTING EXEMPTION
CERTIFICATES ISSUED DURING THE YEAR FOR
SHIPS FROM FOREIGN PORTS

No Deratting Certificates were issued during 1966. Eighteen Deratting Exemption Certificates were issued during 1966.

SECTION X111

INSPECTION OF SHIPS FOR NUISANCES

Inspections and Notices

Thirty inspections were carried out during 1966, of ships from foreign ports. No Notices were served.

SECTION X1V

PUBLIC HEALTH (SHELL-FISH) REGULATIONS,
1934 and 1948

No change.

SECTION XV

MEDICAL INSPECTION OF ALIENS

Not applicable to this Authority.

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